



Resilient Align Pain Solutions is a holistic approach designed to eliminate chronic pain and restore functional movement and balance.

Waiver and Release of Liability

I, hereby acknowledge that I have voluntarily chosen to participate in a posture alignment coaching program with Resilient Align Pain Solutions. I understand that the program includes corrective exercises practiced in the clinic and on my own at home.

Acknowledgment of Risks

I acknowledge that postural alignment exercises can involve a risk of injury.

I understand that it is my responsibility to consult with a physician if I experience symptoms that are unresponsive to posture alignment coaching.

I understand that it is also my responsibility to communicate with my coach any concerns that may arise in the process of coaching.

I declare that I am physically able to participate in this program.

Release of Liability:

I hereby release Resilient Align Pain Solutions, its coaches and representatives from any claims, demands, and causes of action arising from my participation in the posture alignment exercise program.

I fully understand that I may injure myself as a result of my participation and I voluntarily assume the risk of such injury.

I agree to indemnify and hold harmless Resilient Align Pain Solutions against any claims of injury, damage, or loss.

Acknowledgment of Understanding:

- I have read this waiver and release of liability and fully understand its terms.
- I acknowledge that I am signing this waiver freely and voluntarily.
- I agree that this waiver and release is binding upon myself, my heirs, executors, administrators,

Terms and Conditions

Coaching sessions must be rescheduled or canceled at least 48 hours in advance to avoid forfeiture of the session. We understand that emergencies may occur, and these will be taken into consideration.

Clients who arrive late will receive the remaining scheduled session time, unless prior arrangements have been made with the coach.

All coaching sessions must be completed within 12 months from the date of purchase for new packages.

We understand that life happens and we trust that you will communicate when special circumstances arise. Refunds for unused coaching sessions on new package purchases will be issued at the prorated rate of \$275 per session within the first 30 days. Sessions unused after 30 days will not be eligible for refund.

Established client packages (additional packages purchased after the completion of the first package) are not eligible for refunds and will expire after 24 months .

Resilient Align Pain Solutions

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www.resilientaps.com

Privacy Policy

Welcome to Resilient Align Pain Solutions!

Resilient Align Pain Solutions ("Resilient APS," "we," "our," or "us") is committed to protecting your privacy. This Privacy Policy explains how we collect, use, disclose, and safeguard your information when you visit our website www.resilientaps.com, including any other media form, media channel, mobile website, or mobile application related or connected thereto (collectively, the "Site"). We will not sell your information to a Third Party. Please read this privacy policy carefully. If you do not agree with the terms of this privacy policy, please do not access the site.

Collection of Your Information

We may collect information about you in a variety of ways. The information we may collect on the Site includes:

Personal Data

Personally identifiable information, such as your name, shipping address, email address, and telephone number, and demographic information, such as your age, gender, hometown, and interests, that you voluntarily give to us when you register with the Site or when you choose to participate in various activities related to the Site, such as online chat and message boards.

Derivative Data

Information our servers automatically collect when you access the Site, such as your IP address, your browser type, your operating system, your access times, and the pages you have viewed directly before and after accessing the Site.

Financial Data

Financial information, such as data related to your payment method (e.g., valid credit card number, card brand, expiration date) that we may collect when you purchase, order, return, exchange, or request information about our services from the Site.

Use of Your Information

Having accurate information about you permits us to provide you with a smooth, efficient, and customized experience. Specifically, we may use information collected about you via the Site to:

- Create and manage your account.
- Process your transactions and send you related information, including purchase confirmations and invoices.
- Manage your requests.
- Improve the functionality of our services.

Disclosure of Your Information

We will not sell /or share your information with a third party without your written consent. The only time information may be disclosed as follows:

By Law or to Protect Rights: If we believe the release of information about you is necessary to respond to legal process, to investigate or remedy potential violations of our policies, or to protect the rights, property, and safety of others, we may share your information as permitted or required by any applicable law, rule, or regulation. And we know this will not likely happen.

Security of Your Information

We use administrative, technical, and physical security measures to help protect your personal information. While we have taken reasonable steps to secure the personal information you provide to us, please be aware that despite our efforts, no security measures are perfect or impenetrable, and no method of data transmission can be guaranteed against any interception or other type of misuse.

SMS Texting

By providing your mobile number, you consent to receive SMS text messages from Resilient APS. Message and data rates may apply. You can STOP SMS subscriptions at any time by replying "STOP" to any text message you receive from us. You will receive a final confirmation message to confirm that you have been unsubscribed. After this, you will no longer receive SMS messages from us. If you need assistance, you can reply "HELP" to any text message you receive from us or contact us at admin@resilientaps.com.

Contact Us

If you have questions or comments about this Privacy Policy, please contact us at:

Resilient Align Pain Solutions

Email: admin@resilientaps.com

Website: www.resilientaps.com

By providing a telephone number and submitting this form you are consenting to be contacted by SMS text message. Message & data rates may apply. You can reply STOP to opt-out of further messaging.